

Grand Master Graeme (Rocky) ROUNTHWAITE

49 years Taekwon-Do Experience Professional Instructor (9th dan)
30 years Policing Experience International Instructor/Examiner/Umpire
20 years Overseas Experience (Papua New Guinea, Australia, Thailand)
6 years Joint Residential Head, American Pacific International School, Thailand
Member of the International Taekwon-Do Federation, New Zealand
Inducted into the New Zealand Martial Arts Hall of Fame (2013)
ITF NZ Life Membership (2025)



<https://www.rtrtkd.co.nz/>

Partners



TAEKWON-DO HISTORY

International Instructor/Other Courses –

Online – TKD ‘Do’ course (2022)
New Zealand (2020/2017/2013/2006/2004/1993/1990)
Australia (2023/2022/2015/2004/1999/1996/1988/1984/1982) India (2014)
Malaysia (2010/2000) Vietnam (2009)
Philippines (2005) USA (1997/1990)

International Umpire Experience

Online – Umpires Update Course (2025)
Int Umpires Course, New Zealand (2019) World Cup, Sydney, Australia (2018)
Int Umpires Course, New Zealand (2016) Int Umpires Course, New Zealand (2013)
Umpires Course, New Zealand (2011) World Championships, New Zealand (2011)
Asian Championships, Vietnam (2010) Int Umpires Course, Hong Kong (2006)
World Championships, Germany (2005) World Championships, Poland (2003)
Oceanic Championships, Canberra (2002) World Championships, Malaysia (1994)
New Zealand Championships (1989) South Pacific Championships, Fiji (1983)

International Teaching Experience 1982 – 2025

New Zealand (2011-2025) Thailand (2005-2010) Australia (1995-2005)
Papua New Guinea (1991–1995) New Zealand (1982–1991)

TKD International Tours

‘Tul’ (TKD cultural) tour of South Korea (2018) ‘Tul’ (TKD cultural) tour of South Korea (2015)
Goodwill tour Thailand (2013)
World Camp, USA (2002/2000/1993/1990/1986) World Camp, Australia (1998)
Goodwill Tour Ireland (2006) Papua New Guinea (1986)
Rarotonga (1985)

International Administrative Experience

iTKD Senior Examiner (2012-2025) Technical Advisory Group (iTKD) – (2012-2025)
Executive Officer, ITF Thailand 2005 – 2010 Secretary General, ITF Asia (2005 - 2008)
ITF Ethics Committee (2005 - 2008) Congress rep, Germany (July 2005)
Vice-President ITF Papua New Guinea (1991 – 1995) Commendation by Gen Choi, Hong Hi (1995)
Board of Directors MYITF (1988) Director – Stand & Disc, ITF NZ (1990–1991)
Director - National Championships, New Zealand (1987/1984)

General

Nominated Life Member of ITF NZ (2025)
Promoted ITF Grand Master (9th degree) 28 June 2023 – Certificate Number NZ-9-3
ITF NZ Presidents Award recipient for 'outstanding contribution to furthering Taekwon-Do' (2017)
Promoted ITF Master (8th degree) (India IIC – 14/6/2014)
International Harmony Course (NZ - 2017)
Inducted into the New Zealand Martial Arts Hall of Fame (2013)
Professional Instructor (2011-2023) New Zealand
Member of New Zealand Martial Arts Institute (2013-2023)
Promoted ITF Master (7th degree) (Philippines IIC - 2005)
Professional Instructor (1995-2005) Australia
Commendation by General Choi, Hong Hi (1995) – "Establishing and pioneering TKD in the highlands of Papua New Guinea" International Instructor (1991)
International Instructor (1990) International Examiner (1991) International Umpire (1991)
Justice of the Peace (Qual) course (2003) (JP Society, Qld)
Commonwealth Games Opening team member, Auckland (1990)
Television commentator for an international tournament, Wellington (1985) Recipient Pakuranga Jaycees Community Service Award (1983) Commenced tng at Stokes Valley, Wgtn Region (1976)

EDUCATION

Sunshine Coast University, Qld, Australia (U3A)

Sports and Events Marketing (1999) Anatomy & Physiology, Marketing (1998).

Australian Sports Institute (National Officiating Accreditation Scheme)

University of Auckland, New Zealand

COP Criminology (Police Commissioned Officers exam) (1983)

COP Criminal Law (Police Commissioned Officer exam) (1978)

New Zealand Police

Police Duties (Police Commissioned Officer exam) (1980)

Qualified Instructor, NZ Police College, Trentham (1975) - Criminal Law and Police Practice

New Zealand Institute of Management

Introductory subjects towards Diploma in Business Management

First Aid

NZ Red Cross 'Save a Life' (2024)

NZ Red Cross 'Save a Life' (2022)

NZ Red Cross 'Save a Life' (2020)

NZ Red Cross 'Save a Life' (2017)

NZ Red Cross 'Save a Life' (2015)

NZ Red Cross 'Save a Life' (2013)

NZ Red Cross 'Save a Life' (2010)

Thailand CPR update (2009)

Thailand First Aid course update (2006) CPR update (2006)

Australian Red Cross - Senior First Aid course (2004) CPR updated March 2004

Courses

Umpires Online Update Course (2025)

Instructor update course, Hastings (2025)

IIC, Perth, Australia (2023)

iTKD Masters Summit (2023)

iTKD National Camp (2023)

IIC, Australia (2022)

iTKD Instructor update course, NZ (2022)

Child Protection in play, active recreation & sport (2022)

iTKD Instructor update course, NZ (2021)

International Instructors Course, NZ (2020)
 iTKD Instructor update course (Wellington) (2019)
 International Umpires Course (Auckland) (2019)
 iTKD master's Summit (2018)
 Harmony Course (Taekwon-Do for mature students) NZ (2017)
 iTKD Master's Summit (2017)
 International Instructors Course, NZ (2017)
 iTKD Instructor Update Course (2016)
 iTKD Master's Summit (2016)
 International Instructor Course, Gold Coast, Australia (2015)
 iTKD Instructor Update Course (2015)
 iTKD Master's Summit (2015)
 iTKD Master's Summit (2014)
 iTKD Stripes 1 to 1 seminar (2013)
 iTKD Instructor Course, New Zealand (2013)
 iTKD Instructor Conference, New Zealand (2011)
 Cultural Differences and Similarities (2009)
 "Third Culture Kids at International Schools"
 "Importance of International Mindedness for 21st Century Students"
 Cultural Education, Thailand
 Thai Language Culture and Professional Ethics for Non-Thai Teachers (2009)
 Mahout course (2008/2013)
 Traditional Thai massage - Basic/Advanced (2008)

Employment

2011 - 2025 Professional Taekwon-Do Instructor, New Zealand
 2005 - 2010 Teacher/Residential Head, American Pacific International School, Thailand
 1995 - 2005 Professional Taekwon-Do Instructor, Qld, Australia
 1991 - 1995 AUSAID Police Consultant, Royal Papua New Guinea Constabulary
 1988 - 1991 Officer in Charge, Wharf Police, Auckland, New Zealand
 1979 - 1988 Team Policing Unit (Riot Squad), Auckland, New Zealand
 1975 - 1979 Instructor, New Zealand Police College, Trentham.
 1966 - 1975 New Zealand Police, Auckland, New Zealand
 1965 - 1966 Police Cadet Training, Trentham, New Zealand
 1964 - 1965 Hospital Orderly, Waikato Hospital, New Zealand

Personal Details

Master Graeme (Rocky) Stuart Rounthwaite (9th degree) Promotion date 28 June 2023
 PO Box 986, Hastings, New Zealand, 4156
 Phone +64 (0)210323289 e. rtrtkd@gmail.com
 Birthplace - New Zealand Citizenship - New Zealand/Australia
 Occupation - Professional Taekwon-Do Instructor

Recreational Interests

Taekwon-Do	Camping	Travel	Diving
Genealogy	4-wheel driving	Web page	Thai Massage
Elephants			

Countries travelled.

Myanmar (2019), South Korea*, India*, China, Vietnam*, Laos, Cambodia, Thailand*, Taiwan, Hong Kong*, Dubai*, Philippines*, New Zealand*, Australia*, Tonga, Samoa, Fiji*, Cook Islands, Nui, Vanuatu, Papua New Guinea*, Singapore, Malaysia*, Indonesia*, England*, Ireland*, Belgium*, Germany*, France*, Poland*, Holland, Canada, USA*, Guam, Hawaiian Islands*

***Denotes countries TKD practised in**

Resided in New Zealand, Papua New Guinea, Australia, and Thailand.

Married - Trish Rounthwaite (5th degree) International Instructor/Examiner/Umpire (ITF)

Professional Educator, Professional Taekwon-Do Instructor

Family - Sheryl (3rd degree) Examined by TKD Founder, General Choi Hong Hi

- Mark (5th degree) International Taekwon-Do Instructor,

Professional Stunt Coordinator/Choreographer/Movie Director. Movies include:

Hellboy (2019), Charlie's Angels (2019), Super Fly (2018), The Nice Guys (2016)

Ironman 3, The Gunman, Ek Tha Tiger, Ghost Riders, Mission Impossible,

Lord of the Rings, Alexander, King Kong, Casino Royale, The Borne Ultimatum, Indiana

Jones and the Kingdom of the Crystal Skull, Green Zone, The Last Airbender, Ghost Rider

2, Iron Man 3 – more..... <http://www.imdb.com/name/nm0745775/>

(23/06/2025)